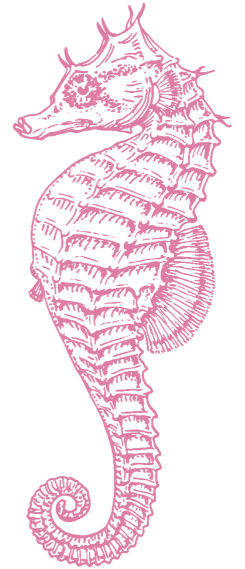


SOUTH DOWNS SCHOOL OF HOMEOPATHY

Established 1997

PROSPECTUS 2023

A four-year, Society of Homeopaths accredited course, situated in Chichester, consisting of ten weekends each academic year from September to June.



WELCOME TO SOUTH DOWNS SCHOOL OF HOMEOPATHY

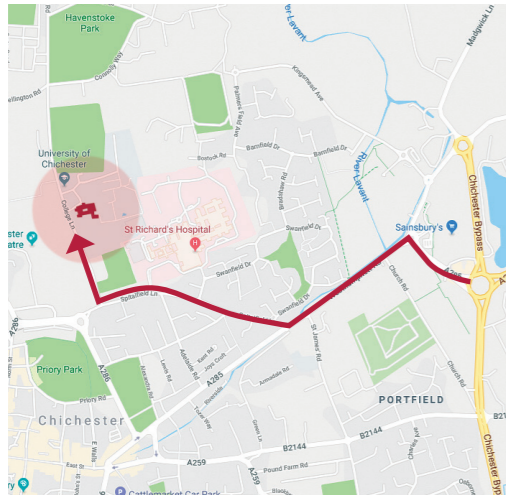
The aim of our college is to enable students from all ages and backgrounds to become confident, capable and self-aware working homeopaths. We pride ourselves on a warm and supportive learning environment.



We are based in the academic building on the Bishop Otter Campus of Chichester University. We are a 10 minute walk from the centre of Chichester and a 22 minute walk from Chichester railway station. We are 5 minutes from the M27 turn-off.

*Bishop Otter College
College Lane
Chichester
West Sussex
PO19 6PE*

WHERE AND WHEN



Weekend times (2023 - 2024): Saturdays and Sundays 9.30 am - 5.00 pm

2023

In the event of the college being in lockdown, virtual weekend classes will carry on as scheduled via video conferencing.

| | |
|------------------|------------------------|
| September | 2nd & 3rd |
| October | 7th & 8th |
| November | 11th & 12th |
| December | 9th & 10th |

2024

University can't guarantee these until later on this year but we've never had to adjust them before.

| | |
|-----------------|------------------------|
| January | 6th & 7th |
| February | 3rd & 4th |
| March | 2nd & 3rd |
| April | 6th & 7th |
| May | 11th & 12th |
| June | 8th & 9th |

Studying homeopathy is a life-changing experience and you will not be the same person you were at the start. You will be challenged mentally and be exposed to many new ideas. There is a great amount to learn but what you have to discover is so very interesting. You will make new friends and have many discussions and running throughout, despite the serious nature of the subject, there will be much laughter.





The three main areas of study are the **materia medica** (homeopathic remedies), the **Principles and Philosophy of Homeopathy** and **Clinical Skills**. A thorough grounding will be given in the medical sciences of **anatomy, physiology** and **pathology** and their relationship to homeopathic practice in order to understand health and the processes of disease. The college is broadly classical in its approach and, as such, we emphasise the role of core principles at work throughout our studies.

THE COURSE

Tutors are always on hand to offer encouragement, guidance and support throughout the course - no-one will be left to work in isolation. We have a robust student feedback system as we hugely value the opinion of the people who are actually experiencing the course. Above all, we feel that everyone should gain the maximum enjoyment possible from their studies in an informal atmosphere of warmth and fellowship.



1

Foundation Year 1. This a complete introduction to the basics of homeopathy and will allow people to **develop the skills to be home prescribers** but in greater depth than the usual introductory courses. The emphasis this year is on acute remedies, acute prescribing and philosophy. You will also be introduced to some of the larger well-known remedies (polychrests) that are commonly used in prescribing for childhood problems. You will be provided a certificate on completion. This can be used to transfer to the second year of other homeopathic courses if desired or, hopefully you will choose to complete the remainder of our course and become a **professional homeopath**.

- **Philosophy**
- **Materia medica (remedy study)**
- **Case-taking - acute**
- **Prescribing for acute and chronic conditions**
- **Medical Science**
- **Monthly home study**

For those of you who want to make a career out of homeopathy, your development of knowledge and skills continues. In Year 2, the emphasis shifts to more chronic health issues, looking at patterns of symptoms in both illness in our remedy pictures and to deepening your understanding of the homeopathic model of health particularly in relation to the conventional medical model.

- **Philosophy**
- **Materia medica**
- **Case-taking**
- **Prescribing for acute and chronic conditions**
- **Medical Science**
- **Monthly home studies**

From this year onwards you will be encouraged to make contact with local homeopaths to sit-in and observe case-taking. This is an invaluable and traditional part of the learning process that complements the academic work already accomplished. The college has two student clinics (Brighton and Chichester). Here you can take your own cases under supervision and observe via Zoom to gain valuable clinical experience.

2

3

In Years 3 and 4 the emphasis is on clinical experience as you start to take on your own patients outside of college under our **in-house supervision** scheme. In this, you will discuss all aspects of your ongoing cases with your supervisor and peers. There will still be some homework. Live cases will be taken at college and there will be talks from selected external guest lecturers.

In the fourth year, the focus is on clinical practice although lectures on materia medica and philosophy continue. Most of your time will be taken up with your cases so there is little homework to be done. However, there are two small project pieces to be completed over the year - an essay style piece on homeopathic theory plus an in-depth study of a remedy of your choice. The latter will be published on our website as a contribution to our new college materia medica - a resource for all students.

4

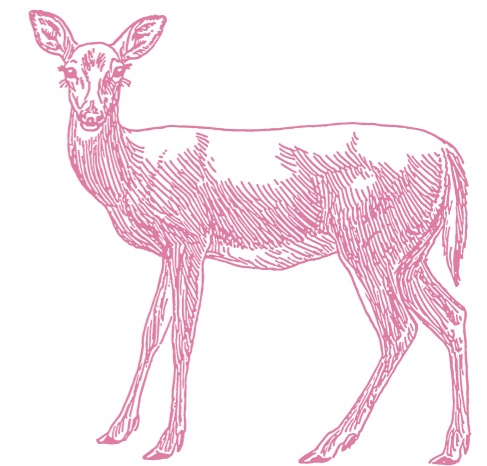


QUALIFICATIONS

On successful completion of your 4-year course, you will be awarded the qualification of **Licentiate of South Downs School of Homeopathy**. This will enable you to set up in practice immediately, although licentiates will be encouraged to become members of one of the three major professional bodies.



We abide by the GCA educational model in line with the requirements of the Society of Homeopathy. The School is fully recognised by the Society of Homeopaths.



WHO

Christian Taylor

Co-Principal

Michael Bird

Co-Principal

The School is run by two Principals, Christian Taylor and Michael Bird. We are both busy homeopaths and are passionately committed to producing confident and capable professional homeopaths. We believe that a good, solid understanding of the principles and mechanics of homeopathy will support your working life and development.

We have a core group of lecturers all of whom are working and registered homeopaths -

Kathy Pitt

Co-founded the college in 1997

Sally Nunn

Supervisor and student clinic co-ordinator

Sarah Plumb

Lecturer, Supervisor and Pastoral Care

Jacob Thomas

Lecturer, Medical Science

Tracy Brewster Brown

Lecturer and college pharmacy

Sheryl Conran-Brown

Lecturer, Academic Support

Carmen Adamou

Lecturer

Robert Bridge

Lecturer

Tracy White

Lecturer

We also run all day Saturday Career Development Program lectures where we invite other homeopaths and speakers in to teach our third and fourth year students. This also provides further training and lecturing opportunities for our post graduates.

CONTACTS

Email:

Principals: Christian Taylor & Michael Bird
mail@southdownshomeopathy.uk

Telephone or Text:

Christian
[07523 216600](tel:07523216600)

Society of Homeopaths:

www.homeopathy-soh.org

The course is streamlined according to HE level guidelines to provide a thorough and progressive learning experience through different teaching methods, graded work modules and a wide range of lectures. In addition, there are monthly homework requirements. Together with the academic study, there is an emphasis on practical clinical experience.

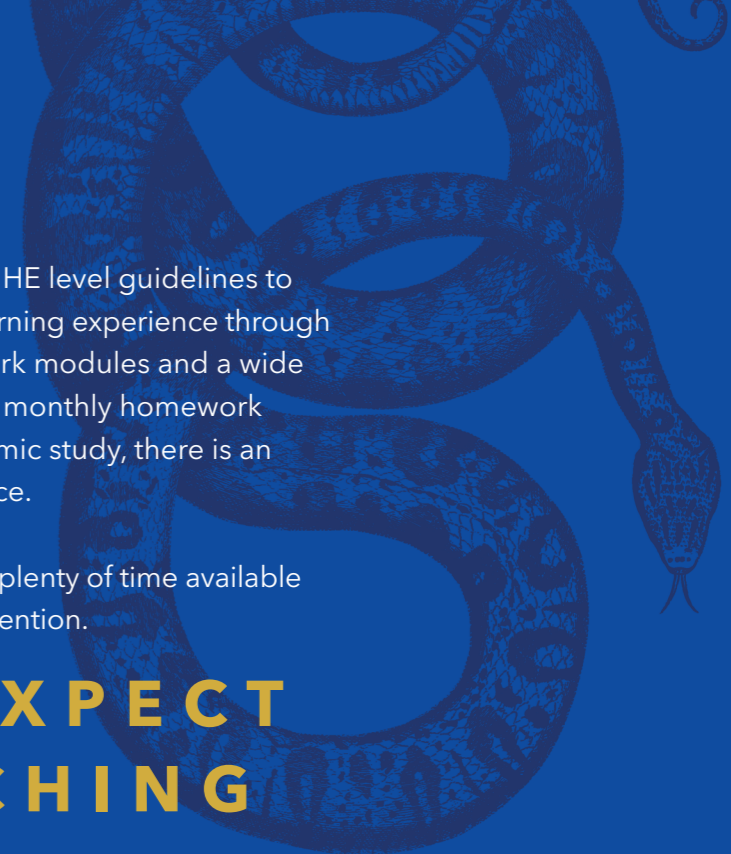
The classes are small and informal, with plenty of time available for debate, discussion and individual attention.

WHAT TO EXPECT FROM TEACHING

Many students feel worried about their level of academic ability. We are aware that different people learn and express themselves in different ways and we will help you come up with the approaches that work best for you. Homework can usually be answered in a variety of formats and you will have plenty of support from your tutors and from our academic support person, Sheryl.

The first two years are mostly focused on homeopathic theory and being introduced to the fascinating world of materia medica (study of remedies). From Year 3 onwards students will start to take their own cases both on their own and within a student clinic. We are unique as a college in that we provide our excellent in-house supervision included in our fees which is usually something students at other colleges have to source and pay for outside of the course.

Studying homeopathy is demanding of time and energy and is, undoubtedly, a huge commitment. It is, however, a life-changing experience and you will not be the same person you were at the start. You will be challenged mentally and be exposed to many new ideas. There is a great amount to learn but what you have to discover is so very interesting. You will make new friends and have many discussions and running throughout, despite the serious nature of the subject, there will be much laughter.



REQUIREMENTS

There are no formal academic qualifications required but the course will require a certain amount of written work, tests and clinical work. You will need to be computer literate. Some understanding of human biology is useful. There is a medical science part of the course which covers all the main systems in the body but this will need to be supplemented by home reading if you have no background in this area. There is a 10,00 word Project to be completed on any aspect of homeopathy that you are interested in. You will get guidance and support for this. You will need to set aside 10-15 hours per week for your home studies and reading.

OUR EXPECTATIONS

All homeworks have to be completed within the year in order for you to move on to the next. There is a minimum attendance of 85% each academic year. We place a high premium on self-awareness through self-reflection at our school which means that we expect all our students to treat others in an appropriate manner. While we encourage people to express their opinions, we also expect that they give the space and room for others to express theirs.

This course is accredited by the Society of Homeopaths.

HOW TO SIGN UP

If you would like to join us or just make enquiries then please contact us on: mail@southdownshomeopathy.uk If joining, please either fill in our registration form or download the online version and return it to us by post or electronically. Once processed, you will be required to have an interview on a college weekend in Chichester.

COSTS

The fees for the Academic Year 2023-24 will be **£2600**

Fees can be paid in the following ways:

01 As a single payment due at the September school weekend which includes the £500 non-refundable deposit **£2,600**

02 A non-returnable deposit on acceptance of a place at the School **£500**
First instalment due at the September school weekend **£1,050**
Second instalment due at the February school weekend **£1,050**

03 A non-returnable deposit on acceptance of a place at the School **£500**
4 instalments payable Sep, Dec, Mar and Jun weekends **£525 x 4**

04 A non-returnable deposit on acceptance of a place at the School **£500**
10 instalments payable Sep, Oct, Nov, Dec, Jan, Feb, Mar, Apr, May, Jun weekends **£210 x 10**

Course fees will remain fixed for the 4 years

All enquiries to: mail@southdownshomeopathy.uk

Other costs

We try to minimise hidden costs and we are unique in providing in-house supervision included in our fees.

Sitting-in

100 hours of sitting-in are required over the course. From Year 2 onwards, you should budget for sitting-in charges which some, though not all, homeopaths may charge for (varies from £10-£25 per day).

Books and remedies

You will need to budget for text books and remedies throughout the during the course. Certain textbooks will be essential and guidance will be offered on the best way to build up a library. We suggest that you allow a budget of approximately £250-£300 for textbooks (and £150 for remedies but these are not a requirement). For those of you who intend to become professional homeopaths at some point you will probably want to buy a computer repertory. It is not necessary to complete the course but it does make certain aspects of the case taking process less time consuming. These can vary in price and complexity and some contain libraries of homeopathic books.

The book list is provided on acceptance to the course and is updated each year. Textbooks are available through Minerva Books (who visit College twice a year in September and February/March on the Sunday of the weekend). Minerva offer our students books at a discount.

*life
changing
learning*



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College Lane Chichester West Sussex PO19 6PE

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